

CURIOSITY



Composed of **intrinsic motivation to learn** – effort to acquire new knowledge is derived from internal, as opposed to external, incentives; **Persistence** – responding positively to setbacks in the academic milieu and **growth mindset** – the belief that one's intelligence can improve with practice and effort rather than believing they are predetermined or fixed.

Role-Model

- Talk about things that you're passionate about or topics you've chosen to explore in your free time.
- Share experiences you or other people have had of overcoming difficulties with learning.
- Show your Little that you have confidence in their ability to achieve through hard work.

Actively Listen

- Praise effort and specific strategies rather than ability.
- Listen and ask questions when your Little opens up to you about struggles at school, instead of trying to fix the situation.
- Prioritize organic learning opportunities over grades or academic achievement.
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Provide Opportunities

- Engage your Little in simple activities that has an element of learning. (ex. Cooking together, building the best paper airplane).
- Work with your Little to create a longer-term project that builds skills around an area of interest. (ex. co-managed fantasy football league.)
Give your Little ownership over the process while also providing structure and support.
- Ask about your Little's interests and find fun and engaging ways he/she can learn while exploring those areas.